## **Port Coguitlam Forklift Training Program**

Port Coquitlam Forklift Training Program - The forklift is a common powered industrial vehicle that is in wide use these days. They are sometimes known as jitneys, hi los or lift trucks. A departments store will utilize the forklift to be able to unload and load merchandise, whilst warehouses would use them in order to stack materials and products. And grocery stores use small models to drop supplies in the aisles. Whether loading material at a construction site or transporting lumber at a sawmill, operators of forklifts are required to be correctly trained and licensed. The priority must be on the safety of the pedestrian and worker. This lift truck training program teaches the safety and health rules governing forklifts in order to ensure their efficient and safe operation.

Forklift Training Program Safety Tips:

Correct training guarantees that operators of forklifts are able to maintain control of the forklift during traveling, lifting and tilting. Just qualified operators should operate a forklift.

While the forklift is in operation; hands, head, arms, legs and feet should be kept inside the forklift. Lift truck forks must be kept low to the ground while being slightly tilted back. Observe traffic signs which are posted. Reduce speed and sound the horn if taking a corner. If the driver's vision is blocked by the load, slowly drive backwards. Pre-check the ground for potential dangers, like objects, wet or oily spots, rough patches, holes, vehicles and people. Prevent stopping suddenly.

When a person or vehicle crosses the lift truck's blind spot, stop the truck, lower the load, and do not continue until the path is clear. When traveling on an incline, the forks must be pointed uphill with a load and downhill without a load. The forklift must only be turned around if on level ground.

Safety guidelines when steering - When traveling at good speeds, never turn the steering wheel sharply. Support the load making use of the front wheels and turn using the back wheels. An overloaded truck will be hard to steer. Adhere to load limits. Do not add a counterweight as a way to improve steering.

Safety guidelines while loading - Follow the recommended load and capacity restrictions of the lift truck. This information is displayed on the data plate. Always make sure that the load is placed based on the suggested load centre. The forklift would remain stable so long as the load is kept near the front wheels.

The forklift mast should be in an upright position before inserting the fork into a pallet. Prior to inserting the fork, level it.